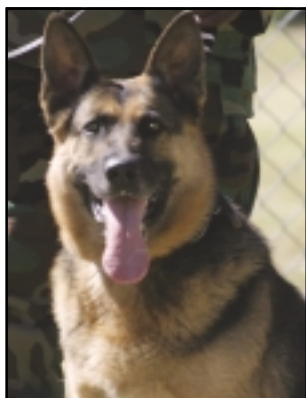


The Fort Huachuca Scout®



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Photo by Elizabeth Harlan

Army vet inspires team as USC rookie

BY CHRIS WALZ
ARMY NEWS SERVICE

It's not 1975. It's not Notre Dame and the crowd is not chanting, "Ru-Dy! Ru-Dy! Ru-Dy!" There's not a "Touchdown Jesus" anywhere in sight. But, there's still an underdog story to be told. It's 2004. It's Columbia, S.C., and the crowd is chanting, "Fris-Bee! Fris-Bee! Fris-Bee!" South Carolina Gamecocks wide receiver Tim Frisby played flanker for four snaps. Why is that noteworthy? He's a 39-year-old walk-on. Frisby, whose locker room nickname is "Pops," received the loudest cheers Saturday and he didn't even touch the pigskin. No catches, no touchdowns. But, the crowd recognized his unwavering perseverance. There's no doubt where Frisby got his "never say die" attitude — he spent 20 years in the Army and was Ranger-qualified with the 82nd Airborne.

There is an unquestionable age difference between Frisby and his teammates. Every now and again, you see some kid try to make it in baseball, but he can't handle a AA curveball. Quarterbacks Chris Weinke and Matt Mauck each led their team to National Championships after dabbling in baseball. Weinke was 28 years old and Mauck was 25. Frisby, however, graduated high school before most of his teammates were born. He defended the U.S. against Saddam Hussein in Desert Storm before some of his teammates entered elementary school. He also served in Kosovo before most of his teammates hit puberty. He's older than many of his coaches and 1988 Heisman Trophy winner Tim Brown. No wonder why they call him "Pops." So, there's little doubt why "The Legend of Frisby" is growing by the minute. "Pops" has six children — the oldest is 16 years old, the youngest is 6 months — and he carries a 3.8 grade point average in broadcast journalism.

Depending on which Gamecocks fan you talk to, Frisby can also leap tall buildings in a single bound. He has X-Ray vision and can run faster than a speeding bullet. Of course, Frisby can also fly and dogs love catching him in the air. Well...I made that last one up. Despite the blurring line between fact and fiction, the Gamecocks have an inspirational leader. He's a great example of mind over matter and can help teach the young guys — even the seniors — what it's really like in the real world. No football game will ever teach them that. This story should bring a tear to the Army's collective eye. This is not about free publicity; it's about raising a 19-year-old young man into a leader. He may inspire an Army unit or a 105-man football team. Isn't that what the Army is all about? Not surprisingly, movie producers have already started knocking on his door to discuss a script. "Fris-Bee! Fris-Bee! Fris-Bee!" Oh yeah, by the way, the Gamecocks beat Troy, 17-

Voting isn't a right

BY ELSIE JACKSON
INFANTRY CENTER PUBLIC AFFAIRS
OFFICE

Exercise your right to vote? Voting is a privilege? Wrong. That's right. Wrong. Rights and privileges are benefits, advantages ... favors. It's true. I looked the words up in the dictionary. And while being able to cast a vote for the candidates of your choice to represent you is certainly more advantageous than living in a country presided over by a despot-of-the-month, voting isn't just a "perk" because we're Americans. Voting is every citizen's responsibility. Responsible, as in accountable, answerable, liable. An obligation. Something you do because it's the right thing to do. If voting was a right, it would be available if and when we wanted, or needed, to take advantage of it. We all have the right to worship freely, but does everyone you know show up at church every Sunday?

If voting was just a privilege, only "special" people would be allowed to do it. And that wouldn't be right. Besides, privileges can be earned or given and just as easily taken away. Ask my daughter. Nope. Voting is more than something we do every few years because we are lucky enough to live in a free country and we can. Casting an educated vote is every responsible adult American's responsibility. And for some of us more, um, shall we say "experienced" citizens, here's some extra motivation. Young people are registering to vote in droves thanks to programs like MTV's "Get Out the Vote" campaign. You really want your tax dollars spent by candidates elected by kids who are voting thanks to MTV? I didn't think so. So get out there and vote. It's not a right; it's the right thing to do. It's not a privilege, because it's more than a "perk" for being American. It's a responsibility. And it's yours. Mine. Ours.

Why I Serve: Fulfillment from Helping Wounded Troops

BY DONNAMILLES
AMERICAN FORCES PRESS SERVICE

"I enjoyed the camaraderie, the discipline, the interaction between soldiers," said Army Staff Sgt. Heather Martin after three years testing the waters of military life in the Army Reserve in her native Ohio. That was nine years ago, when she opted to dive into active duty service. Today, as an occupational therapy assistant at Brooke Army Medical Center, Fort Sam Houston, Texas, Martin said she's discovered tremendous fulfillment helping wounded troops from Iraq and Afghanistan rebuild their lives. Most of Martin's patients have lost arms or use of their arms in combat. During sessions ranging from 45 minutes to an hour, Martin slowly helps them move beyond their injuries. "I teach them how to have a normal life — day-to-day things like how to button their shirts or brush their teeth," she said. "When they first get here,

they're often depressed. And it's tremendously rewarding to watch them gain independence and transform into social people with a positive outlook on what's ahead for them." Martin said she feels a strong affinity with her patients. "They're like my brothers and sisters," she said. "You really feel what they've been through, and their pain. My job is to take care of them when they get back." And while she's not serving in Southwest Asia or other hot spots around the world, Martin said she feels she's playing an important role in the war on terror. "I may not actually be on the front lines, but somebody has to be there for the soldiers when they get back to help them get to the point where they can be soldiers again," she said. Although she acknowledges that she "never planned on staying" on active duty, she's now convinced that she could never find anything quite as rewarding as military service in the civilian world.

The Fort Huachuca Scout

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Canine, Soldier redeploy

BY SGT. KRISTI T. SAAVEDRA
SCOUT STAFF

Two of Fort Huachuca's own have returned from a deployment in Afghanistan, the difference in this redeployment is that one of the Soldiers walks on all fours.

Brit, a 7-year-old German shepherd, returned from Afghanistan with handler Sgt. Gredey Bentley, 18th Military Police Detachment, Sept. 1 after a seven month deployment

in support of the Global War on Terrorism. Bentley, who has worked with Brit since Oct. 1, 2003, deployed with the canine Feb. 1 to work in Kabul and Bagram.

Brit, a patrol explosive detector dog, provided assistance in detecting explosives, working in a prison that contained Taliban prisoners, working with the International Security Force and the Afghan police chief, Bentley said.

Brit is the second canine to de-

ploy from Fort Huachuca, said Staff Sgt. Robert Brenckle, kennel master. Wendy, a fellow patrol explosive dog, deployed to Afghanistan in 2002 with handler Sgt. Travis Butzen, 18th MP Detachment.

A request was made for a patrol narcotics detector dog, but was not filled due to the kennel only having one certified team.

While deployed, Brit did not come across any explosive devices, yet he did detect ammunition being stored in the shed of a man aid-

ing the Taliban. The man was taken into custody after Brit's discovery.

Brit also got to work alongside Secretary of Defense Donald Rumsfeld while serving as part of the protective forces for Rumsfeld's visit.

Although Brit didn't come across explosives while deployed, both canine and handler were within 20 meters of a car bomb explosion during their deployment.

"He knew it was time to go to work," Bentley said of Brit's reaction to the scary incident. "It was a long weekend."



Photo by Elizabeth Harlan

Sgt. Gredey Bentley and Brit.

Keller nominated for general officer

BY SPC.
JOY PARIANTE
SCOUT STAFF

Fort Huachuca's Deputy Commanding General Col. Brian Keller has been presidentially nominated for promotion to brigadier general.

Fewer than one percent of career officers will ever reach the rank of general officer.

General officers are nominated for promotion by the President and the nomination is then approved through the Senate. The nomination doesn't come until an-

other general officer gets promoted or retires since Congress limits the amount of all commissioned officer ranks. In the entire armed services, there are only 875 general officer positions. Only 34 of those spots are for O-10s or four-star generals.

To be eligible for promotion to O-7, the equivalent to an Army brigadier general, the officer must have completed a full tour in a joint duty assignment. Keller performed intelligence duties for the Joint Special Operations Command at Fort Bragg, N.C.

A joint duty assignment consists of working with members from two or more services.

The mandatory retirement age for general officers is 62, and in some cases, 64.

Brigadier generals must retire after five years in rank if they are

not eligible for promotion or after 30 years of service. Major generals follow the same rule, however they can stay in for up to 35 years in service. Keller currently has 24 years in service.



Force protection installed at gates

BY SPC. SUSAN REDWINE
SCOUT STAFF

A new force protection initiative will be implemented at the gates on post beginning Oct. 8, when the installation of traffic controllers, also known as tire shredders or "tiger teeth," begins.

The traffic controllers are going to protect the outbound lanes at the gates, as per Department of Defense instructions, said Richard Dixon, anti-terrorism force protection officer on post.

"These are just a new tool to put into place to protect the installation," Dixon said. "We find these to be very effective to prevent people from circumventing security."

The installation of the traffic controllers will begin Oct. 8 on the east gate, with construction on both gates concluding by approximately Oct. 21.

For a period of two to three days during construction, traffic exiting post will be reduced to one lane at the east gate, Dixon said. While the main gate is under construction, which is expected to begin Oct. 14, traffic exiting post will be redirected through the Willcox gate.

After the traffic controllers are installed, they have the ability to be deployed in an up

position, which requires traffic to slow to about five m.p.h. However, they can also be set in a down position, where traffic can drive over at regular speed. Dixon said he anticipates that during peak traffic hours, the traffic controllers will be set in the down position to assist off-post commuters.

The decision to put the traffic controllers in was made about four weeks ago, and is another tool added to our "arsenal" to protect the fort, the people, the facility and to make us a stronger part of the community, Dixon said.

Already being tested at the east gate are portable barrier systems that are a part of the "Buy and Drop" program through the Department of the Army and therefore was not paid for using post funds.

The portable barriers are intended to prevent someone from going through the gate at a high rate of speed and are capable of stopping most cars, Dixon said. He also said the barriers can be moved, with set-up taking about 15 minutes.

Other Buy and Drop items the post has received or is going to receive are bomb detector, X-ray machines, Kevlar helmets, guard shack and extra lighting, Dixon said.

The Force Protection Office is also looking to completely redo the main, east and west gates, Dixon said.

Post heating equipment

The Directorate of Installation Support has scheduled the changeover to heating equipment to begin Monday. Completion dates are projected to be Oct. 31 for post facilities and Nov. 12 for family housing units. Any facility that has not been completed by the above dates should call the operations and maintenance contract work control section at 533-5457 or 533-5459 for assistance. Additionally, callbacks for heaters that have been turned on should be referred to work control until Nov. 8 for post facilities and Nov. 22 for family housing units. After these dates, service orders should be placed with the DIS service order desk at 533-3151 (post) or 533-2003 (housing). To assure a smooth and quick changeover, the O&M contractor has established the following schedule for family housing.

Date	Street
Monday through Wednesday	Hines Road Grierson Road Dove Street Calvary Park Mills Circle Signal Village Luke Street Luke Court
Tuesday through	Madden Street Mason Street Winrow Street Lawton Street Davist Street Tupper Street Meyer Avenue (100-108) W. of Arizona
	Moore Circle Coronado Village Mottorn Circle Nelson Circle Burns Road DeAnza Village Dorsey Street

Intel leaders head to Australia

BY SPC. JOY PARIANTE
SCOUT STAFF

Military intelligence professionals from Fort Huachuca represented the U.S. Army on a very historic day for the Australian Intelligence Corps.

The intelligence organization received their Governor-General's banner Aug. 7, which officially recognizes them as a corps, an event that only happens once in a lifetime, explained Capt. Nerolie MacDonald, Australian exchange officer and instructor at the Captain's Career Course.

"It's [the banner] is in recognition of what we've done over the years," MacDonald explained. The Australian Intelligence Corps is small, only around 500 officers and enlisted, has been in existence since the

early 1900s and is the longest serving military intelligence corps in the commonwealth, she added.

Post Command Sgt. Maj. Lawrence Haubrich and Lt. Col. Brian Lesieur, deputy brigade commander for the 111th Military Intelligence Brigade, traveled from Fort Huachuca to the "Land Down Under" to represent the U.S. Army Intelligence Corps and the U.S. Army Intelligence Center at the ceremony.

"We were invited to represent our intelligence corps and school and the Army at the ceremony recognizing them as a military intelligence corps by giving them their colors," Haubrich said.

"It's a big event in any army when you're presented your colors."

Maj. Gen. Michael Jeffery, the governor-general of the Commonwealth of Australia, was present for

the ceremony. The governor-general is the figurehead of Australia although he doesn't run the country. He's actually the Queen of England's representative in Australia, MacDonald said.

Also present were Australia's Minister for Defense, Senator R.M. Hill and their Chief of the Army, Lt. Gen. P.F. Leahy.

Haubrich said he was impressed by the uniqueness of their color-receiving ceremony, or banner parade.

For example, the colors must be blessed, or consecrated, by chaplains from the Anglican, Roman Catholic and Protestant denominations. The drum corps comes on the field before the consecration

See AUSTRALIA, Page 14

Holy days celebrated

BY SPC. SUSAN REDWINE
SCOUT STAFF

The season of the Jewish High Holy Days was celebrated on post beginning with Rosh Hashanah Sept. 15 at sundown. The Days of Awe, as they are also known, ended Saturday with the celebration of Yom Kippur.

Rosh Hashanah is the beginning of the Jewish new year, a celebration like no other in the world, said Tovah Coonfield, who attended the observances at the Main Post Chapel.

"It blends solemnity with joy and demands accountability in the process of generating hope," she said. "Rosh Hashanah is the day when the Great Book of Life is opened and all our sins as well as great deeds are judged by God."

Coonfield further said the most common greeting on Rosh Hashanah, which is observed for two days beginning on sunset of the day that ends the Jewish month of Elul, is a Hebrew saying that translates, "May you be inscribed in the Book of Life for the coming year."

The next 10 days consist of reflection and examination of what one has said and done over the past year. Rosh Hashanah begins the intensive process of self-exami-

nation, and Yom Kippur culminates in a full day of fasting, worship, study, confession and prayer, Coonfield said. After 10 days, the Great Book of Life is sealed.

"Through this process, each Jew feels closer to God than on any other day," she said. "Each worshipper becomes more acutely aware of an enduring linkage to the entire Jewish people and develops a heightened sense of responsibility for visions of peace and justice to be fulfilled for all humanity."

"Yom Kippur is known as 'The Great Day,' the most awesome of the Days of Awe, the Day of Atonement, when individual fates are sealed in the Great Book of Life," she said.

The concluding service, Neilah, centers around the idea of the gates of heaven closing at the approaching end of the sacred day of Yom Kippur and an intensified effort to win forgiveness to clear the slate for the coming year. With a loud piercing blast of a ram's horn, the heavenly gates are closed and Yom Kippur ends, Coonfield said.

At sundown, celebrants break the fasting of the previous 24 hours and partake in a traditional meal, wishing each other good tidings for the year ahead.

Understand disabilities

BY SPC. JOY PARIANTE
SCOUT STAFF

October is Disability Awareness Month, a time to promote understanding and acceptance of various physical and mental disabilities in our schools, workplaces and communities.

Fort Huachuca is hosting a Disability Awareness Month luncheon from 11:30 a.m. to 1 p.m. Oct. 13 at the Thunder Mountain Activity Centre.

"People should attend the luncheon to show support for persons with disabilities and to become more educated about disability issues that affect our workforce and community," said Gail Mortensen, Exceptional Family Member Program manager.

A disability is a disadvantage or deficiency, especially a physical or mental impairment that interferes with or prevents normal achievement in a particular area. "Often we tend to think [disability] in terms of people who are born with some type of dis-

abilities, but, in fact, many of us or our loved ones may face a life changing disability at sometime in our lives," Mortensen said.

Disability Awareness Month confronts issues such as discrimination in society and in the workplace and equal quality of life conditions for everyone, regardless of physical or mental capabilities.

Guest speaker Trina Smolen, chairperson of the Sierra Vista Commission on Disability Issues will enlighten lunch-goers on the troubles disabled people face and the strides being taken to overcome them. Also, there will be a recognition ceremony for military and civilian employees who have gone the extra mile for disabled employees, customers and community members on post.

Incidentally, CODI will also have an informative luncheon from 11:30 to 1 p.m. Oct. 28 at the Windemere Hotel.

The Fort Huachuca luncheon will feature German cuisine and will cost \$10 per person. For more information, call Mortensen at 538-0276.

AAFES drops prices on Soldiers' uniform items

BY CAPT. DIANE WEED
AAFES RELEASE

Prices for most issue uniform items sold at Army & Air Force Exchange Service military clothing sales stores will be decreasing Friday.

The annual Defense Supply Center Philadelphia price changes will go into effect and the overall prices for issue items will drop

by a little more than one percent.

"This year, the temperate battle dress uniform coats and the Air Force men's and women's lightweight jackets are the only items with any significant price increase - and that increase is less than \$4 per item," said Hazel Green, DSCP planner at headquarters AAFES.

AAFES never makes a profit on DSCP items since they're al-

ways sold at cost. So any price decreases, or conversely increases, are determined by the DSCP and passed along to the customers via AAFES stores. The DSCP is the sole military supply source for issue merchandise.

DSCP items sold by AAFES made up 57 percent of the total MCSS' sales in fiscal year 2003. In addition to DSCP items, AAFES offers higher-quality op-

tional items in order to give customers more choices.

On the other end of the spectrum, AAFES offers Exchange Select insignia products that sell for 30 to 60 percent less than name-brand equivalents.

"If you can't find what you are looking for, let your MCSS manager know so they can get the item you need. Our MCSS managers have a great network and cross-

level merchandise everyday to take care of their customers' needs," said David Lumbley, Divisional Merchandise Manager for MCSS.

The MCSS concept was established by a Congressional charter for the Air Force in the mid '70s and for the Army in 1981. Today AAFES runs 192 MCSSs: 100 for the Army, 88 for the Air Force and four for the United States Marine Corps.

Army expands anthrax, smallpox vaccinations

BY LEAH RUBALCABA

ARMY NEWS SERVICE

Anthrax vaccinations have resumed for Soldiers whose series of injections were interrupted during the anthrax vaccine shortages of 2000 and 2001.

The Army's immunization program has also expanded to include both anthrax and smallpox vaccinations for Soldiers assigned to 17 newly designated high-threat areas.

Active-duty Soldiers and members of the Army Reserve and Guard who stopped getting vaccinated in the middle of their six-shot anthrax series have been directed to resume their vaccination schedules, at the point where they left off, no later than Dec. 31. The directive specifies that these Soldiers are not to repeat or receive extra doses of the vaccine — all earlier vaccinations count.

The Army's immunization program has expanded to require both anthrax and smallpox vaccinations



Courtesy photo

for Soldiers assigned to the Korean Peninsula for 15 or more consecutive days. The directive also includes the vaccination of emergency-essential and equivalent civilian employees assigned to Korea and Department of Defense contractor personnel hired to carry out mission-essential services in Korea.

The vaccination of adult mili-

tary family members in Korea is voluntary. Vaccinations are also voluntary for most Army civilian employees and their families and non-essential contractor personnel assigned to the region.

The immunization program was further expanded to include anthrax and smallpox vaccinations of all Soldiers serving in the Central Command and parts of the Eu-

ropean theater.

The expansion adds Afghanistan, Djibouti, Egypt, Eritrea, Ethiopia, Iran, Kazakhstan, Kenya, Kyrgyzstan, Pakistan, Seychelles, Somalia, Sudan, Tajikistan, Turkmenistan and Uzbekistan to the 15 previously designated high threat areas in Central Command and European Command. Emergency-essential and equivalent civilian employees and mission-essential contractors assigned to these areas are also included in the expansion.

"The Army vaccinates Soldiers to keep them healthy," said Col. John Grabenstein, deputy director for military vaccines at the Army Surgeon General's Office. "Vaccines offer the best round-the-clock protection against infectious disease and help Soldiers come home healthy."

A policy revision released in August increased the pre-deployment administration window of the anthrax and smallpox vaccinations from 30 to 60 days before depar-

ture. According to medical officials, by beginning the administration of the vaccines 30 days earlier, more injections can be administered before deployment. This revision applies to any overseas movement to areas covered by the anthrax and smallpox vaccination program.

According to Department of the Army and Department of Defense officials, both anthrax and smallpox are counted among the top biological warfare threats to U.S. troops. Health officials say the vaccines provide Soldiers with an additional layer of protection in addition to antibiotics.

"The Army has been giving anthrax vaccine for over seven years now and smallpox vaccine for two years. We continually review these programs to assure the highest quality standards," Grabenstein said. "We recently reevaluated the bioweapon threats to our forces and found that the threat continues. So we continue to vaccinate to protect the force."

Deployment affects children too

BY MICHAEL DUKES

WALTER REED ARMY MEDICAL CENTER,
WASHINGTON, D.C.

Growing up in a military family can bring unique stresses to children: constantly relo-

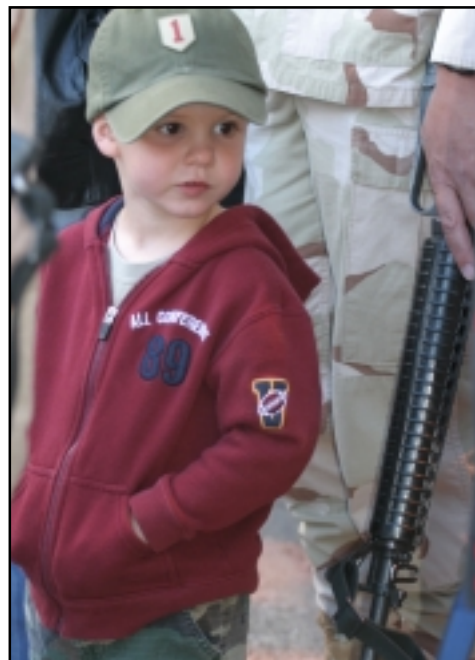


Photo by Spc. Joy Pariente

cating, going to new schools, leaving old friends behind and finding new ones. When their parents deploy, this can further complicate the situation.

"Certainly, the nature of the deployment and the role of the service member in a wartime setting can have a significant impact on children and family left behind," stated a joint article from Walter Reed Army Medical Center and the Department of Veterans Affairs National Center in the "Iraq War Clinician's Guide."

"Generally, military children adjust well to these challenges that have been a part of traditional military life for many years," said Col. Stephen Cozza, chief of Walter Reed's Department of Psychiatry. "Deployments can be one of the many ordeals military families and children need to manage. In a wartime setting, deployment of active-duty parents can pose some unique challenges."

"Children are often a more hidden population in general because they often don't have as much of a voice as adults; sometimes their needs are not understood in the same way as adults," he said. "Oftentimes they may not understand the circumstances of a deployment because of the developmental age, in a

way that an adult would. They may be feeling and experiencing emotions and thoughts that they are not able to express."

"Deployments can be significant challenges to kids in the military," Cozza said. "Sometimes deployments are known about well in advance and sometimes they're not. Children can worry about the safety of the service member parent, particularly if they are going into a war zone."

Deployments can mean additional changes in a military child's life, according to Cozza.

"Military children may need to assume additional family responsibilities at home because of the fact that a parent is gone. In many cases, this leads to greater maturation in a child. In some families, for example, in single-parent military families, children's living arrangements may need to be modified; grandparents or other parent surrogates may be asked to come into the home in order to maintain parental supervision. In other cases, children may go to live with a family member that lives in a different city, or even a different state. This might lead to disruptions in peer

Talking about injuries, war

When a parent becomes injured during a combat deployment, the situation can place even the strongest families into challenging situations. The Walter Reed Army Medical Center Child and Adolescent Psychiatry Service offers the following tips to parents or guardians.

When to talk to your child:

- Once the panic settles and the parent regains composure.
- Upon knowledge of the injury or trauma. Sooner is better.
- Bad news is better given by a parent rather than someone else.

How to tell your child:

- Explain injuries based on children's ages using their language (like

See TIPS, Page 14

See CHILDREN, Page 14

Kudos

Cost Warriors save post money

September's Cost Warriors are James Rose, Directorate of Plans, Training, Mobilization and Security, Libby Army Airfield and Renea Edwards, team lead for the identification card section.

Rose secured a one-time funding of \$330,000 for this fiscal year from the U.S. Forestry Service to repair the Libby Army Airfield south ramp, where the air tankers park and prepare for fighting wild fires.

Rose has also completed negotiations for receiving \$80,000 from the Missouri

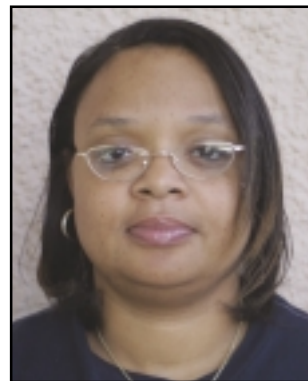
National Guard and \$4,000 from the 162nd National Guard in the next fiscal year for repairs and maintenance in support of the airfield's use by these units.

Edwards earned the status of Cost Warrior for being instrumental in the relocation of Adjutant General's ID card section to Whitside Hall. The result of this move is greater employee and customer satisfaction.

Employees have a more open and aesthetic work environment, and customers no longer have to conduct business in

two separate buildings, and have a much larger waiting area.

She has also implemented a limited appointment schedule for customers who prefer to schedule appointments in advance and not wait on a first-come basis to receive an ID card.



Renea Edwards

For more information on Cost Warriors, call Kathy Jolly at 533-4980

Paving the way for safe driving

BY JULIE SHELLEY

COUNTERMEASURE STAFF
EDITOR, FORT RUCKER, ALA.

They've endured skids, abrupt braking, and avoiding obstacles at high speeds. Now they're back and ready to help the Army's Soldiers and families hone their driving skills.

A team from the U.S. Army Safety Center recently returned from Fort Story, Va., where the Army and General Motors

partnered to implement the first Advanced Skills Driver Training Course. Statistically, this training couldn't come at a better time: The Army currently is experiencing its worst accident rate in recent years. Together, Army motor vehicle, Army combat vehicle, and privately owned vehicle accidents account for nearly 75 percent of all Army accidental fatalities. Speeding, fatigue, and improper reactions all are cited as con-

tributing factors to these accidents.

General Motors recognized these same causal factors more than 10 years ago and developed the training course for company employees and their family members. The course—suitable for any type of POV—is designed to improve drivers' reactions to unexpected driving conditions. The training is both academic and hands-on, and requires a 1,000-by-1,000 foot blacktop area where permanent skid pads can be installed. The USASC's goal is to establish at least one course in each state at willing installations.

The newly trained USASC personnel now will travel throughout the Army to those installations and train Soldiers, family members, and civilian employees in several basic areas. Trainees will go through exercises in controlled braking, evasive maneuvering, straight-line backing, serpentine weaving, off-road recovery, and the "Skid Monster."

The Skid Monster simulates a skid in a variety of environmental conditions, including rain and ice. A front-wheel drive se-

dan was used in the Fort Story training to accommodate the Skid Monster apparatus on the vehicle's back wheels. With the push of a button, instructors can dictate the condition and severity of the skid. Then, the instructor tells the student the proper procedures for steering, braking, and acceleration, and also "targeting."

In targeting, the driver selects a stationary object, such as a billboard or signpost, in the distance and in their path of travel. Since the driver is looking in that direction, logic dictates that the car will travel the same path. Thus, when a vehicle skids or swerves abruptly, the target serves as the driver's reference point for correcting the vehicle.

One Soldier who went through the Fort Story training had nothing but positive remarks. 2nd Lt. Matthew Nowlin, B Troop, 1/158th Cavalry, Maryland Army National Guard, totaled his POV after skidding on an interstate during heavy rain.

"I wish I'd had this training years ago," Nowlin said. "It might have made a difference in that accident. I didn't think 'training wheels' on the back of

a car would teach me to be a safer driver, but the training really did work."

Although the training (which lasts one day) is conducted in standard POVs, Soldiers who drive tactical vehicles should take note of what they learn and transfer those skills to the battlefield. Akio Miyamoto, president and senior instructor for Vehicle Dynamics, Inc., explained that the same principles apply in any type of vehicle. With many of the Army's in-theater accidents occurring because of skids and drivers swerving to avoid an obstacle, each exercise will prove invaluable to Soldiers deploying to Iraq or Afghanistan.

"This training will have a great impact on them (deploying Soldiers)," Miyamoto said. "You're dealing with the physics, the handling of a vehicle. Vehicles handle the same; their movements are predictable. You just have to be able to control it, and this training helps with control of the vehicle."

For more information or to schedule a training visit at your installation, call Mike Evans at (334) 255-2643, DSN 558-2643, or e-mail mike.evans@us.army.mil.



Courtesy photo

Car accidents are one of the leading causes of death for servicemembers. The U.S. Army Safety Center is hoping to lower those statistics.

Army training to be adopted

Sister services look to implement similar tactics

BY SPC. JOY PARIANTE
SCOUT STAFF

"We don't put troops on the ground, but we put eyes in the air," said Sgt. 1st Class Eddis Wakefield.

Imagery analysts, armed with AK-47s, video surveillance, rocket-propelled grenades and claymore mines, took off to Site Maverick for a five-day field training exercise that would put their imagery and Soldier skills to the test while setting the standard for imagery analysis training for the U.S. Armed Forces.

Eleven Soldiers from Company A, 305th Military Intelligence Battalion brushed up on Soldier skills and perfected imagery and intelligence techniques and tactics at the same time, said Wakefield, a senior instructor for the imagery analyst course. "All Soldier tasks are specialized for their MOS [military occupational specialty]," Wakefield said.

For example, the Soldiers performed their land navigation tasks under the scenario of transporting classified information from point A to point B. That way, the Soldiers get to freshen up their land navigation skills while learning how to transport classified information on their persons.

The reasoning behind the meshed training, Wakefield said, is to prepare Soldiers for scenarios they're likely to encounter when



Photos by Spc. Joy Pariente

Spc. Joel Garzelloni posts guard outside the Soldier's sleeping area during a simulated nuclear, biological, chemical attack.

deployed. Instead of stopping MOS training to do common task training, it's more logical to integrate it.

"Stop-and-go training, that's not real for Soldiers. We have to make it real," Wakefield said as he looked around the room at his Soldiers, in their protective masks, analyzing unmanned aerial vehicle footage from Bosnia, Afghanistan

and Iraq.

The footage currently being used is pre-recorded and security cleared, but, Wakefield said, the plans to utilize live, real-time footage for training is in the works.

The Soldiers were also operating on minimal sleep so they could acquire a semi-accurate idea of their performance under duress, Wakefield said.

This FTX is so effective in teaching and evaluating imagery analysis skills, the Department of the Air Force is looking to Company A to help them create a similar exercise for their Airmen, Wakefield said.

During this FTX, Wakefield and his associates were also working on documenting the training for release to the Navy's imagery school and the National Geospatial Intelligence Agency.

These organizations are keen to pick up full motion video training, a very important and very useful piece of intelligence the Army has developed and is in the process of implementing, Wakefield said. The Army is the only service in the Department of Defense

that teaches full motion video analysis to their analysts. Soon nation level analysts will be taught how to use full motion video via the Army's course, Wakefield said.

The full motion video is streaming straight from the UAVs and the analyst is there to provide real time intelligence to the ground combat commander, Wakefield said. The full motion video analysis capabilities also assist in surveillance activities such as observing certain countries to look for indications of them readying for war, he added.

Analysts also create maps of potential combat areas based on information relayed from satellite, UAV and other forms of observation, Wakefield said. These maps offer support to the engineers to assist them in building tunnels, blowing up structures and locat-



ing and marking landmines.

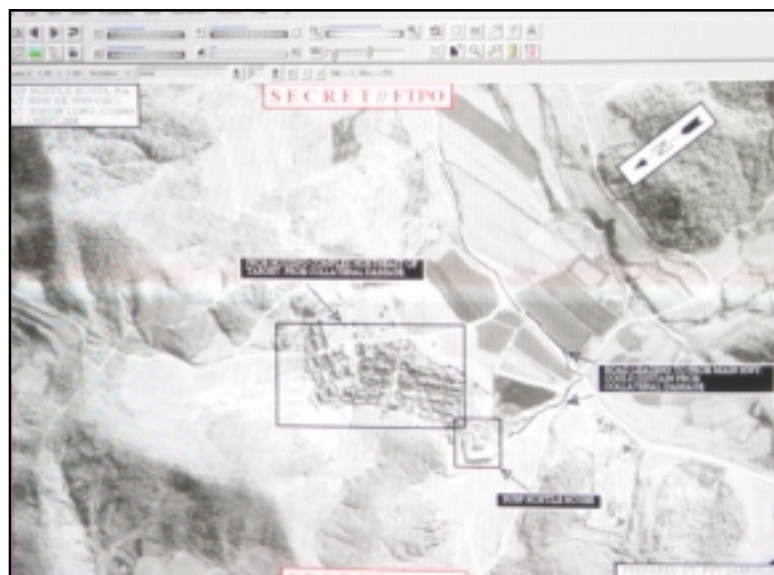
"We have an insight into the world that other people do not," Wakefield said. "No one else gets this perspective."

For the initial entry trainees and reclassifying Soldiers, the FTX marks their first time using the full motion video, Wakefield said. The analysts have various mis-

sions throughout the five days that finish off in a cumulative final assignment which covers every aspect from observing imagery to making detailed annotations describing a video scene.

The Soldiers also get a significant amount of experience in analyzing, which is more than just staring at the screen and picking up details, Wakefield said.

"The key to analysis is knowing history," he said. "If you understand the history behind it you'll understand what you're seeing. You'll know where they're coming from and you'll know where they're going."



Analysts create area maps, similar to the training aid above, to assist commanders in evaluating the battlefield.

Range closures

Today – AD, AF, AM, AU, AW, AY, T1, T1A, T2
 Friday – AW, T1, T1A, T2
 Saturday – AM, AW, T1, T1A, T2
 Sunday – AU, AW, T1, T1A, T2
 Monday – AL, AU, T1, T1A, T2
 Tuesday – AK, AL, AM, AU, T1, T1A, T2
 Wednesday – AF, AL, AM, AQ, AU, T1, T1A, T2
 For more information, call 533-7095.

Heritage Partnership survey

In an effort to better serve the needs of the Army community in and around Fort Huachuca, the Sierra Vista Army Community Heritage Partnership survey is now available. Military, civilian personnel, retirees and their families are invited to provide input. Pick up surveys at the Commissary, Jeannie's Diner, the PX and the Thunder Mountain Activity Centre or on the Fort Huachuca homepage. For more information, call Holly Sickels at 538-1427.

Ammunition supply point closure

The Installation Ammunition Supply Point will be closed for quarterly inventory today. For emergencies, call Manny Bringas at 533-2512, or Jose Fierros at 533-3617, or 520-266-2959/2963.

Price changes at Veterinary facility

Beginning on Friday, price changes will occur at the Fort Huachuca Veterinary Treatment Facility. Sick call and wellness exam appointments with the veterinarian will now be \$10 per pet. This does not change the free cost of the technician exams included with annual vaccinations, deworming, heartworm testing or microchips.

Also, unless you are on official government orders, health certificates for domestic and international travel will now incur a \$5 fee per pet, in addition to the \$10 examination. You must provide a copy of your PCS orders or PERSCOM appointment orders in order to receive a complimentary health certificate and exam for your pet.

Please remember that health certificates are required for both domestic and international travel for both airlines and POV travel. When traveling on commercial airlines, health certificates are good for 10 days only, but are good for 30 days when traveling via POV.

For more information, call 533-2767.

Family child care evening class

Fort Huachuca Family Child Care is now accepting applications for their next FCC Training Class beginning at 6 p.m., Monday - Thursday, during October. This will be the first time the class has been offered in the evening.

Family members 18 and older interested in earning an extra income by caring for children in their home should plan to attend this free training. Class sizes are limited.

Before attending training, contact the FCC Office for an application. For more information, call 533-2498 or stop by the FCC Office at Murr Community Center, Building 51301. The office is open 7 a.m. - 4 p.m., Monday - Friday.

Change in hours

The Directorate of Information Management Official Mail and Distribution Center, Building 22408, will be open throughout lunch beginning on Friday. For more information, call Joe Garcia at 533-3717.

New recreation program for students

School-Age Services will present an open recreation

program for grades 1 - 5, 1 - 4 p.m., the first Saturday of each month, beginning Saturday at the Seifert School-Age Services Center, Building 52056.

Cost of the program will be \$2.50 per child, per hour. All children must be registered with Child and Youth Services. Call 533-0738 for registration information.

For more information or to register for the recreation program, call 538-1198 or 533-7633.

AFTB Level I classes offered

Army Family Team Building will offer AFTB Level I classes 5:30 - 9 p.m., Tuesday, Wednesday and Oct. 7 at Murr Community Center, Building 51301.

AFTB Level I, also known as "Army 101" provides an introduction to Army life.

For more information or to register, contact Andrea Sovern, AFTB program manager, at 533-3686 or e-mail huachuca_aftb@hotmail.com. You may also sign up for the class by calling Army Community Service at 533-2330.

Chart Your Course

Chart Your Course with Dr. Mary Keller will be from 6 p.m. to 8 p.m. Tuesday at the Lecture Pod at Buena High School Performing Arts Center. The program will cover topics for parents and children in middle school and high school to get started on a successful academic career. Keller is the Executive Director of the Military Child Education Coalition. The program is free and open to parents, students, teachers and counselors.

To make a reservation, call 533-1133 or 439-3960.

Germany orientation

Army Community Service is offering a Germany orientation 6 p.m., Wednesday at Murr Community Center for soldiers and family members going to Germany for the first time.

Registration is requested by calling ACS at 533-2330. For additional information, contact Pamela Allen at 533-5919.

Relocation workshop

Army Community Service is offering the "Smooth Move" relocation workshop for Soldiers and family members making their first move at 1 p.m., Wednesday; 6 p.m., Oct. 21; and 1:30 p.m., Oct. 22. During the events, basic information on relocating will be covered, including relocation benefits, a moving checklist, and a question and answer session.

Registration is requested by calling ACS at 533-2330. For more information, call Pamela Allen at 533-5919.

Financial readiness classes

Army Community Service has scheduled the following financial readiness classes for October: checking account management, 9 - 11 a.m., Wednesday at ACS Building 50010; budget and family supplemental subsistence allowance class, 9 - 11 a.m., Oct. 13 at ACS Building; and mandatory financial readiness classes, 1 - 5 p.m., Oct. 13 and 14 at Murr Community Center, Building 51301.

Register by calling ACS, 533-2330, or for more information, call Christine Bachand at 533-6884.

Force stabilization briefings

Army Human Resources Command will conduct Force Stabilization briefings on Wednesday. Soldiers in the rank of staff sergeant and below may attend either a morning or afternoon session at Cochise Theater and officers and sergeants first class are invited to a one-

time briefing at Greely Hall. The briefing for staff sergeant and below will be held from 9 to 11 a.m. and 1 to 3 p.m. Wednesday at the Cochise Theatre. Officers and sergeants first class and above will have only one session from 9 to 11 a.m. Wednesday in Greely Hall Auditorium, Room 1215. Representatives will present the latest policies and implementation plans related to stabilization, followed by a question and answer session.

AFTB Level II classes offered

Army Family Team Building will offer Level II AFTB classes 5:30 - 9 p.m., Oct. 12, 14, 19, 21 and 26 at Murr Community Center, Building 51301.

AFTB Level II is a series of classes that range from understanding Army life to enhancing leadership skills.

Contact Andrea Sovern, AFTB program manager, at 533-3686 for more information. To sign up for the class, call Army Community Service at 533-2330.

Disability Awareness Month Luncheon

A luncheon to educate and enhance cross-cultural awareness among Soldiers, DA civilians and the local community will be held from 11:30 a.m. to 1 p.m. Oct. 13 at the Thunder Mountain Activity Centre. The guest speaker will be Trina Smolen, chairperson, Commission on Disability Issues. The cost is \$10. For more information, call Gail Mortensen at 533-6871, Joan Street at 538-0276, Irene Swann at 533-3036, Gordon Lewis at 538-6081, or the EEO office at 533-2028.

Lewis at 538-6081, or the EEO office at 533-2028.

Korea orientation

Army Community Service is offering a Korea orientation 6 p.m., Oct. 14 at the ACS Building 50010 for Soldiers and family members going to Korea for the first time.

Registration is requested by calling ACS at 533-2330. For more information, call Pamela Allen at 533-5919.

Fort Huachuca welcomes newcomers

Army Community Service wants to welcome newcomers to the Fort Huachuca community. The Huachuca Welcome - a newcomer's orientation - is scheduled for 9 a.m., Oct. 15 and again, Oct. 29, at Murr Community Center.

The orientation will provide one-stop access to the information needed to make the transition to Fort Huachuca a smooth one for spouses and family members. Information about school and youth programs, health care services, employment assistance programs and more will be provided, and a tour of the post is included.

Pre-register for the welcome by calling ACS at 533-2330. For more information, call Pamela Allen at 533-5919.

Signal Corps ball

United States Army Network Enterprise Technology Command/9th Army Signal Command ball will be held starting at 5 p.m. Oct. 16 at Thunder Mountain Activity Centre. For more information and reservations, call 533-7159.

Give blood

The American Red Cross is asking for support to help save lives by replenishing the blood supply due to summer shortages. During the summer months the demand for blood has outpaced the donations received. For more information, call (800) GIVE-LIFE

CHILDREN, from Page 6

or school relationships," he added.

"When we talk about a wartime deployment, children's concerns may be even greater because of the worries about true potential injury to the parent," Cozza explained. "The parent that is home with the children needs to reassure them about the safety of the deployed parent and be truthful in revealing information that is appropriate to their age and developmental level. It can be helpful to remind children that, unlike themselves, servicemember parents have been well trained and are well prepared for the challenges that they might face during a deployment. Parents should look for signs or symptoms, such as behavioral changes or emotional changes — depression, sadness or sleep disturbance — that can be indications that a child is struggling with the deployment and may need some assistance from a professional."

When a parent is injured during a war-

time deployment, the child's stress level increases even more. "We get particularly concerned, for example, preparing children to visit with an injured parent. It's important for health-care providers to ask injured Soldiers and their spouses: 'What have you told your children? How have you prepared them? What have you said about the injury itself?' It's important to be clear with them and to not lie," he said.

"When you share any uncomfortable information with children it is important that you be in emotional control and not frighten them," he added. "Talk to children who will be visiting the hospital about what they will see when they go into the hospital room, what equipment might be in the room. If possible, it can be helpful to take pictures of the injured parent, the room, the ward, and other parts of the hospital that can be shared with children ahead of time to better prepare them before their arrival.

"We also realize that spouses sometimes may choose to leave their children at home when they come to visit injured spouses at the hospital. This can result in situations where the children don't have immediate access to either parent," Cozza said. "In making choices about who will be caring for children during parental absences it is helpful to select someone who can maintain as much routine structure and scheduling as possible. Parents who bring their children to the hospital will need to make decisions about how long the children will be here, where they will be staying, what their schedules will be, and how schooling needs will be addressed."

Cozza recommends parents with concerns about the effects on their children, from deployments, the war, or the injury of a family member, to contact their local military treatment facility's psychiatry service for assistance and more information.

TIPS, from Page 6

boo-boo or broken leg).

- Be as calm and truthful as possible.

- Keep it short and simple.

- Face-to-face is best.

- Use a private and quiet environment.

- Keep eye contact.

What to tell your child:

- The parent or other family member is seriously injured.

- The nature and type of injury.

- Your best understanding of what happened to the injured parent.

- That the child is not the cause or at blame.

- The parent is safe and being taken care of.

- Reassurance is key during a traumatic time.

AUSTRALIA, from Page 4

begins and they make an altar out of their drums for the blessing to take place on, Haubrich described. Then each of the denominations places their blessings for inspiration, safety and duty upon the col-

ors.

While in Australia, Haubrich and Lesieur also visited the Australian intelligence school to tour the brand new facilities. The school is set up very similarly to the intelligence school

here, Haubrich said.

Australia and the United States have a successful intelligence officer exchange program in action, Haubrich said and there are talks of instituting a senior enlisted exchange

program with the Commonwealth as well.

"Our representation [at the banner parade] sends a strong symbol of alliance between Australia and the U.S.," Haubrich said.

Australia has been an ally of the United States in every major conflict since World War I, MacDonald said.

"We're one team," Haubrich said. "We're striving for the same goal."

New dog in town

Beast, a three-year-old Belgian Malinois, was picked up from Lackland Air Force Base, Texas on Sept. 17. Sgt. Matt Clayton, 18th Military Police Detachment, will be training Beast to become certified as a patrol explosive detector dog. Certification for both handler and canine is 45 days.



Photo by Elizabeth Harlan

Youth sports kick

Youth set to learn soccer, life skills

SPC. JOY PARIANTE
SCOUT STAFF

Youth soccer kicked off Saturday with a parade and celebration at Stone Field in Sierra Vista featuring visits from the local police and fire department and a fly in from the hospital med-evac helicopter.

There are a total of 71 teams playing this season, with 11 from Fort Huachuca. There are 24 teams in the under 6 division, 20 teams in the under 8 division, 16 teams in the under 10 division and 7 teams in the under 12 division.

The kids will be going against opponents from across post, Sierra Vista, Sonoita and Elgin.

The first game of the season was Tuesday and games will continue through December for the under 6, under 8 and under 10 divisions and through January for the under 12 division, said Steve Wambach, youth sports and fitness coordinator.

Smaller players mean modified rules for soccer. Some of these modified rules include a smaller playing field, smaller goals and smaller

soccer balls, Wambach said. The under 6 division also plays without a goalie, as they are still mastering their soccer skills. "Participants will be able to learn a variety of new skills as well as enhance existing ones," Wambach said. "The most important thing is that the kids have fun and enjoy the season."

In addition to learning how to kick, pass, shoot, dribble and juggle, children will also learn life lessons such as fair play, sportsmanship, teamwork and cooperation. "Youth sports foster the physical, mental and emotional growth and development of youth at all skill and age levels," Wambach said.

On post, the games will be played at the Youth Sports Complex behind the Child Development Center at Langhorn, Drazba and Herrera fields, Wambach said. Off post games will be played at Stone Field.

A waiting list is currently in use for children interested in joining the teams, Wambach said. To sign a child up, call 533-3205.

For more information on the soccer season visit www.svsoccer.net.



Scott Faccio, 11, gets ready to come.

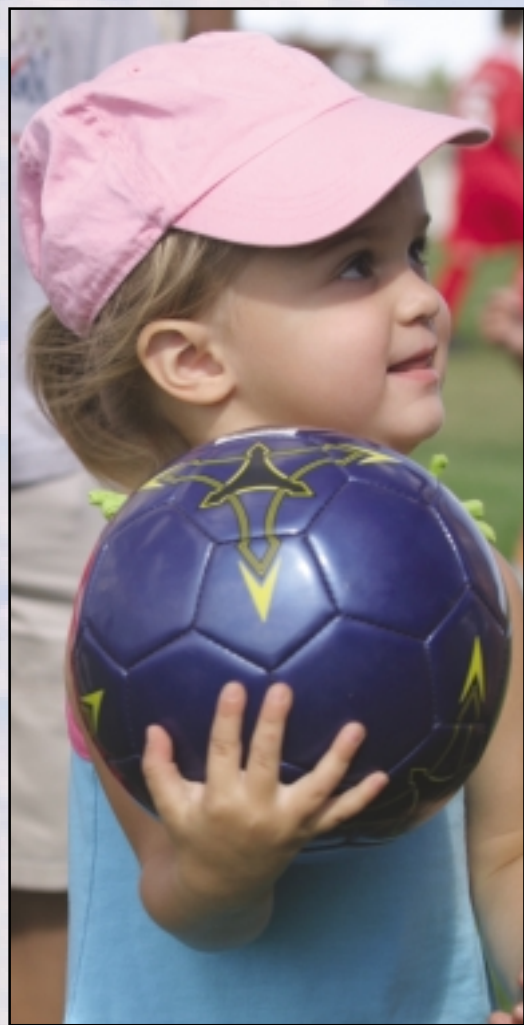


Photo by Elizabeth Harlan

Ashley Nyxon, 2, enjoys the nice weather at Stone field in Sierra Vista while watching her big brother play soccer.



off over weekend

Fort host Tuscon teams in youth football

SGT. 1ST CLASS THOMAS RANSFORD
18TH MP DET.

The Sierra Vista American Youth Football and Cheer Association hosted four separate teams from Tucson this past weekend at Bajouski field. The association, which is part of a league including associations from Huachuca City, Benson and Wilcox is in its first year of operation with the American Youth Football program. Kids 5 through 15 participate in flag and tackle football as well as cheerleading. The flag teams are for kids 5 through 7. The tackle teams consist of the Mighty Might's (ages 7-10), Pewee (ages 9-11) and Midget (ages 12-15).

The Mighty Might Cardinals lost to the Tucson Rams 34-0. The Mighty Might Raiders lost to the Tucson Cowboys 45-6. The Raiders sole touchdown came on a 45 yard run by Davy'Aun Thomas. The Pewee Cardinals were outmatched against the Tucson Wildcats, losing by a score of 50-6. Although the score was quite lopsided, the kids had a good time. The only Cardinal touchdown came on a 15 yard pass by Jalen Hampton, followed by 30 yard



Photo by Sgt. Kristi Saavedra

The Wildcats and Cardinals faced off Saturday afternoon for their first game of the season.

run by Patrick Ransford. The Midgets were also outmatched against the Tucson 49er's by a score of 49-0.

Next week the Mighty Might Cardinals

host the Benson Bobcats and the Midget Colts play the Tucson Chargers on Bajouski Field and the Mighty Might Raiders and Pewee Cardinals travel to Wilcox.



Photo by Elizabeth Harlan

rs up for the season to





Service News

New look for Navy/USMC news

Navy Marine Corps News will bring its new look to DTS [Direct to Sailor], Armed Forces Radio and Television Service, and the Pentagon Channel 24.

From the Naval Media Center's "Pier 168" in Washington, D.C., the new show will unveil a look that captures the energy of the Navy and Marine Corps team at work in a more dramatic and modern setting.

The content of Navy Marine Corps News will also change with the addition of "News You Can Use," a one minute news block of useful information for Sailors and Marines, such as quality of life and career enhancement tidbits. "News You Can Use" will replace the current news segment.

Flying dog's chute lands museum

A parachute made for a dog that flew alongside pilots during the Berlin Airlift was recently added to the Berlin Airlift Exhibit at the U.S. Air Force Museum in Dayton, Ohio.

The parachute, donated by Clarence Steber,

was worn by his boxer, Vittles, during their flights on C-47s and C-54s to help deliver food to West Berlin.

The city had been blocked by the Soviet Union in an effort to force West Berliners to accept communism.

The parachute is a significant addition to the Berlin Airlift exhibit, said Terry Aitken, the museum's senior curator.

Marine veteran, Pulitzer winner dies

Eddie Adams, whose Pulitzer Prize-winning photo of a Vietnamese general executing a Viet Cong prisoner in the streets of Saigon became an enduring symbol of the brutality of the Vietnam War, died Sept. 19 in his Manhattan home. He was 71.

As a photojournalist, he recorded 13 wars from Vietnam to the Persian Gulf War, and earned some 500 awards.

But none of his remarkable photographs of battle, international politics, fashion or show business evoked the emotions of the picture of the summary execution that won the 1969 Pulitzer Prize and the 1969 World Press Photo award.



Photo by Photographer's Mate Second Class Saul McSweeney

Boats moored at the Bayou Grande Marina lay in shambles following the devastating blow Hurricane Ivan dealt to Naval Air Station Pensacola, Fla. The air station, which sustained millions of dollars in damages, is closed until further notice. Navy officials reported that nearly 90 percent of the buildings on the base suffered significant damage. Ivan made landfall at Gulf Shores, Ala., at approximately 3:15 a.m. Sept. 16, with winds of 130 MPH.

Ultimate sacrifice paid in support of OIF

The Department of Defense announced today the deaths of 13 Soldiers and nine Marines who were supporting Operation Iraqi Freedom.

1st Lieutenant Andrew K. Stern, 24, of Germantown, Tenn., died Sept. 16 from injuries received due to enemy action in Al Anbar Province, Iraq. He was assigned to 1st Tank Battalion, 1st Marine Division, I Marine Expeditionary Force, Marine Corps Air Ground Combat Center, Twentynine Palms, Calif.

Cpl. Steven A. Rintamaki, 21, of Lynnwood, Wash., died Sept. 16 due to enemy action in Al Anbar Province. Rintamaki was assigned to 1st Battalion, 1st Marine Regiment, I Marine Expeditionary Force, Camp Pendleton, Calif.

Cpl. Christopher S. Ebert, 21, of Mooresboro, N.C., died Sept. 17 due to enemy action in Al Anbar Province. Ebert was assigned to 2nd Battalion, 1st Marine Regiment, 1st Marine Division, I Marine Expeditionary Force, Camp Pendleton, Calif.

Sgt. Thomas C. Rosenbaum, 25, of Hope, Ark., and **Pfc. James W. Price**, 22, of Cleveland, Tenn., died Sept. 18 in Baghdad, Iraq, when an improvised explosive device hit their convoy vehicle. Both were assigned to the 4th Battalion, 5th Air Defense Artillery Regiment, 1st Cavalry Division, Fort Hood, Texas. The incident is under investigation.

Sgt. Brandon E. Adams, 22, of Hollidaysburg, Pa., died Sept. 19 at Walter Reed Army Medical Center in Washington, D.C., of injuries sustained in Fallujah, Iraq, on Feb. 16

when a grenade exploded as he was clearing a house. Adams was assigned to the 1st Battalion, 32nd Infantry Regiment, 10th Mountain Division, Fort Drum, N.Y. The incident is under investigation.

Lance Cpl. Steven C. T. Cates, 22, of Mount Juliet, Tenn., died Sept. 20 due to enemy action in Al Anbar Province. Cates was assigned to 1st Battalion, 7th Marine Regiment, 1st Marine Division, I Marine Expeditionary Force, Marine Corps Air Ground Combat Center Twentynine Palms, Calif.

Spc. Joshua J. Henry, 21, of Avonmore, Pa., died Sept. 20 in Tikrit, Iraq, of injuries sustained when his convoy was attacked by enemy forces using small arms fire in Sharqat, Iraq. Henry was assigned to the 1st Battalion, 7th Field Artillery Regiment, 1st Infantry Division, Schweinfurt, Germany. The incident is under investigation.

Sgt. Foster L. Harrington, 31, of Ft. Worth, Texas, died Sept. 20 due to enemy action in Al Anbar Province. Harrington was assigned to the Marine Corps Reserve's 3rd Force Reconnaissance Company, 4th Marine Division, Mobile, Ala.

Pfc. Nathan E. Stahl, 20, of Highland, Ind., died Sept. 21 in Iraq, when his vehicle was struck with an improvised explosive device. Stahl was assigned to 2nd Battalion, 75th Ranger Regiment from Fort Lewis, Wash. The incident is under investigation.

Pfc. Adam J. Harris, 21, of Abilene, Texas, died Sept. 22 in Mosul, Iraq, when he was shot by a sniper while on patrol. Harris was

assigned to 2nd Battalion, 3rd Infantry Brigade, 2nd Infantry Division, Fort Lewis, Wash. The incident is under investigation.

Sgt. Benjamin K. Smith, 24, of Carterville, Ill., died Sept. 22 due to enemy action in Al Anbar Province. Smith was assigned to 1st Tank Battalion, 1st Marine Division, I Marine Expeditionary Force, Marine Corps Air Ground Combat Center Twentynine Palms, Calif.

Staff Sgt. Lance J. Koenig, 33, of Fargo, N.D., died Sept. 22 in Tikrit, when an improvised explosive device detonated while he was conducting a dismounted patrol. Koenig was assigned to the Army National Guard's 141st Engineer Battalion, Jamestown, N.D. The incident is under investigation.

Sgt. Skipper Soram, 23, of Kolonia Pohnpei, Federated States of Micronesia, died Sept. 22 in Baghdad, Iraq, when a vehicle-based improvised explosive device detonated near his security post. Soram was assigned to 3rd Battalion, 82nd Field Artillery Regiment, 1st Cavalry Division, Fort Hood, Texas. The incident is under investigation.

Lance Cpl. Aaron Boyles, 24, of Alameda, Calif., **Sgt. Timothy Folmar**, 21, of Sonora, Texas, **Lance Cpl. Ramon Mateo**, 20, of Suffolk, N.Y. and 2nd Lieutenant Ryan Leduc, 28, of Pana, Ill. died Friday. Boyles, Folmar, and Mateo were killed as result of enemy action in Al Anbar Province. Leduc died as result of a non-combat vehicle accident in Rutbah, Iraq. Boyles and Mateo were assigned to Headquarters and Service Company, 7th Marine Regiment, 1st Marine Division, I Marine

Expeditionary Force, Marine Corps Air Ground Combat Center, Twentynine Palms, Calif. Folmar was assigned to 2nd Battalion, 5th Marine Regiment, 1st Marine Division, I Marine Expeditionary Force, Camp Pendleton, Calif. Leduc was assigned to 2nd Battalion, 10th Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

Spc. David W. Johnson, 37, of Portland, Ore., died Saturday in Baghdad, when an improvised explosive device detonated near his convoy vehicle. Johnson was assigned to the Army National Guard's 2nd Battalion, 162nd Infantry Regiment, Cottage Grove, Ore. The incident is under investigation.

Spc. Clifford L. Moxley, Jr., 51, of New Castle, Penn., died Saturday in Baghdad, of non-combat related injuries. Moxley was assigned to the Army National Guard's 2nd Battalion, 103rd Armor Regiment, Berwick, Penn. The incident is under investigation.

Spc. Robert Oliver Unruh, 25, of Tucson, Ariz., died Saturday in Al Anbar Province, when enemy forces using small arms fire attacked his unit. Unruh was assigned to the 44th Engineer Battalion, Camp Howze, Korea. The incident is under investigation.

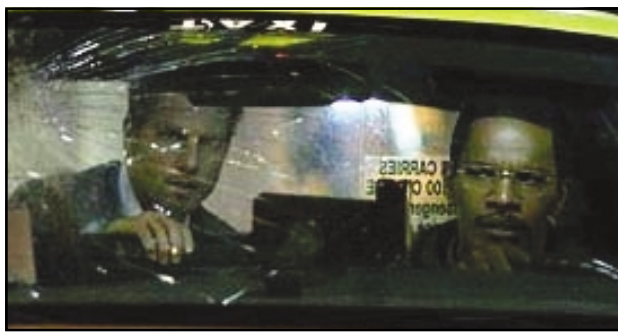
Capt. Eric L. Allton, 34, of Houston, Texas, died Sunday in Ar Ramadi, Iraq, when he was struck by a mortar round. Allton was assigned to the 2nd Battalion, 17th Field Artillery Regiment, 2nd Infantry Division, Camp Hovey, Korea. The incident is under investigation.



Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German, at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the Web at mwrhuachuca.com.

The Scout TimeOut



Movies

Collateral plays at 7 p.m. Saturday at Cochise Theater. For the complete listing of this week's movies, see Page 28.

Weekend fliers land in Tombstone

BY SPC. SUSAN REDWINE
SCOUT STAFF

For the third year in a row, recreational aviators took to the skies and landed at Tombstone Municipal Airport. More than 40 airplanes and helicopters swarmed the airport to show off their aircraft and enjoy the food vendors and entertainment at the Wings and Spurs festival Saturday and Sunday.

San Diego resident Bob King, who owns and flies his own light plane recreationally, said he attended the festival because he has friends in the Tombstone area.

"It was fun," King said. "It was more than I expected."

The fun began early Saturday as the light and ultralight planes began arriving from all over the Southwest. There were many food vendors as well as Burt Webster, the Wandering Minstrel and the Walnut Gulch String Band. People waited in line to pay for rides in ultralight airplanes.

One of the most attention-getting attractions, however, was the appearance of several Marines from Camp Pendleton, Calif., in an AH-1W Cobra gunship and UH1 Huey, kicking up dust under the swirl of propellers.

The sky grew overcast and

a light rain began early in the afternoon, but that didn't dampen the spirits of the festival-goers, many of who stayed for the Western dance featuring Michael Crouch and Coyote Moon from San Diego.

By mid-day Sunday, the festival had wound down, with most of the planes heading out early.

King said one of the highlights of the event for him was seeing the newly paved runway at the airport.

"The old runway was good for ultralights, but now it's good for general use aviators to make the connection to Tombstone," he said. King also joked about recreational fliers looking for the "\$100 hamburger." By hopping in their planes and taking off for a few hours, hobbyists will often stop for lunch or dinner, then head back home. With the cost of a quick meal added to flying expenses, what was a \$5 hamburger becomes a \$100 hamburger, he said.

The attraction to aviation does not rest solely on weekend excursions and viewing the earth from above. King said he and his friends enjoy the atmosphere of airports.

"We just love to hang out at airports. We could be at the airport all day," he said. "It's a place to relax. It's very therapeutic."

See **WINGS**, Page 29



Photo by Elizabeth Harlan

After school snack

Anastasia Karnaze, samples a meals ready to eat craker Thursday at the School Age Services Center. Headquarters and Headquarters Company 306th spent part of the afternoon at the center painting kids faces and showing them army equipment.

Commander's Cup, off of courts onto lanes

BY SGT. KRISTI T. SAAVEDRA
SCOUT STAFF

In the third week of the season, the Joint Interoperability Test Command #1 is still leading the way in commanders cup bowling with nine games won and none lost.

Company A, 305th Military Intelligence Battalion is immediately behind in second with eight wins and one

loss, followed by Medical Activity Command, also known as "Gutter Punks," holding third position with seven wins and two losses.

Individual high averages for men currently go to Ernie Benjamin (223.17), John McCoy (217.00) and Vince Gothard (216.67). Belinda Smith (150.33), Linda Mayette (146.56) and Trena Jones (146.00) hold the individual high averages for the women.

There are currently 16 teams competing in the minor

sport. Handicaps, given to bowlers to make competition between bowlers of varying skill more equal, are calculated for those bowlers scoring below 210.

The season will last a total of 16 weeks, given each team the chance to move their way to the top of the standings. League competition is held 4:30 p.m., Mondays at Desert Lanes.

For more information of Commander's Cup bowling, call Ernie Benjamin, league secretary, at 538-1715

Fit For Life

Health, fitness topics to consider

BY GEORGE R. COLFER, PH.D.
CONTRIBUTING WRITER

Fit for Life started Sept. 4, 2003. In that time, numerous topics on health, fitness, wellness and sports as well as readers' questions and comments were addressed in 26 issues of the Scout.

To start the second year, the column will also include summaries of updated information, new research findings and useful material regarding various topics on health and fitness. Selected in-depth information will still be forthcoming as will responses to readers' questions and comments.

Health and wellness

Causes for heart attack The worst: high levels of LDL cholesterol and smoking cigarettes accounted for two-thirds of the world's heart attacks. Others are high blood pressure, diabetes, abdominal obesity, stress, lack of exercise and a lack of daily fruits and vegetables. This recent study also states that neither gender, ethnicity nor genetics play a major role in heart attack.

Oatmeal for weight loss and maintenance People who eat oatmeal for breakfast consume about 30 percent fewer calories for lunch as compared to dry cereal eaters. Oatmeal people also experience less hunger episodes throughout the day. Oatmeal is also a great source for dietary fiber.

Cancer question How many cancer deaths result from cigarette smoking in the United States annually? Answer: one-third or about 167,000. Tobacco use is considered the most preventable cause of cancer death.

How to stop weight loss rebound when dieters lose weight, nearly two-thirds gain weight back within a year. To keep lost weight from coming back, do the following: exercise five days per week, eat reasonable portions and eat slowly and always eat breakfast and avoid emotional eating. Exercise and diet control are the primary factors in maintaining permanent weight loss.

Downsize instead of supersize Sometimes it's the quantity of food eaten that causes obesity rather than a certain food type. Overeating of healthy food can make you fat also. With supersized servings and oversized portions of anything – watch out! an easy way to keep food servings in perspective is by associating the serving size with a known object. A few examples are: deck of cards equals 3 ounces of cooked meat or poultry; checkbook equals 3 ounces of fish; golf ball equals two tablespoons of peanut butter; 9-volt battery equals 1-1/2 ounces of solid cheese; and a computer mouse equals one medium-sized potato.

Heart benefit from eating dark chocolate European studies found that eating dark chocolate improved the function of cells lining the blood vessel walls. The chocolate seemed to make the blood vessels more flexible preventing hardening of the arteries that leads to heart attacks. Dark chocolate is rich in flavonoids which act as natural antioxidants in the body. The downside is that the weight gain from eating too much chocolate may dampen the benefits. Use moderation in consumption.

Leg cramps or muscle spasm problems Muscular performance is based on the amount of potassium and

magnesium a muscle contains. Eating foods rich in both before and after strenuous activity should help along with proper hydration throughout the day. Some food examples are bananas, oranges and fresh orange juice.

Stress management through exercise The effects of stress can leave you anxious, angry, fatigued and depressed. Exercise may be your best relief, but check your feelings before choosing. Angry or anxious? You may want to choose a vigorous type of activity to provide an outlet for negative emotions. Try moderate to intense running, cycling or weight lifting to vent aggression and frustration. Be careful with competitive activities that may increase these emotions. Fatigued or depressed? Try a milder type of exercise such as walking, easy jogging or cycling and even yoga or tai chi to let the mind relax and ease stress. The result of exercise should provide relaxation and restful sleep.

Fitness and sports

Don't omit "FID" when planning aerobic workouts. Frequency is the number of times you exercise per week. Five days is great; three is acceptable. Intensity should be moderate to vigorous to get your heart rate up to 60 – 80 percent of the maximum predicted heart rate ($220 - \text{age} \times \text{desired percentage} = \text{training heart rate}$). Duration of exercise should be from 20 to 60 minutes depending on intensity. All exercise breaks down to these three variables. Planning well makes it better.

Strength training tip Perform one set of each exercise using a slow eccentric contraction of the return move. This will maximize the muscles used and will also utilize the opposite muscle group. Example; barbell arm curl. Curl the weight and lower slowly for six seconds on the return. Negative work can also improve flexibility as well as strength.

Breathing When performing strength training exercises, never hold your breath. The best rule is to inhale on the "pulling" phase and exhale on the "push." Examples: Bench press; inhale as you lower the bar, exhale as you push the weight up. Lateral pull-down; inhale as you pull the bar down, exhale as you raise (push) the bar up.

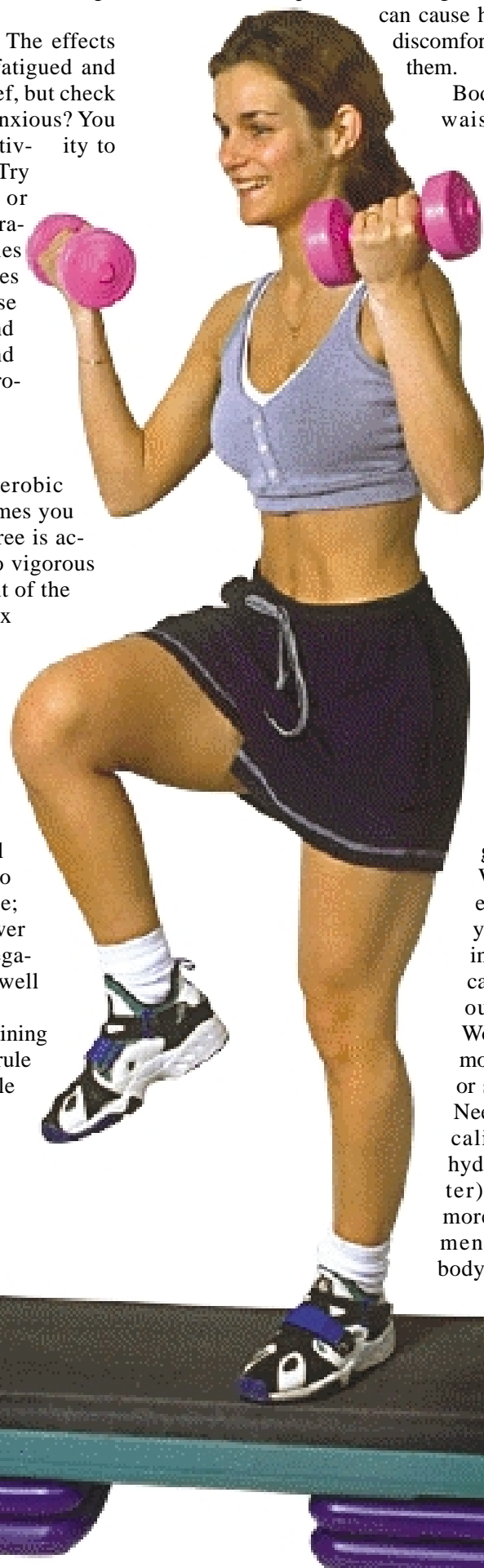
Squat for the best the barbell squat works all major muscle groups at one time. It's best for stimulating muscle growth and increasing blood flow. It is the best exercise to train all major leg muscles and best for all athletes who need to develop or increase leg power.

Bad weights

Women who used ankle weights for 12 weeks doing step aerobics showed no increase in muscle strength. Also, running or walking in ankle weights can put an unnatural pull on lower leg and thigh muscles and can cause hip and lower back discomfort. It's best to avoid them.

Body mass index vs. waist circumference

BMI is a simple means of determining obesity, but with lean muscular people, it may still label them fat since it doesn't factor in body type. Waist circumference may determine the difference between athletic or obese. Best bet: use them both. BMI: multiply weight in pounds by 703, then divide twice by height in inches. Under 25 is normal; 25 – 29.9 is overweight or overfat; 30 or greater is obese. Waist circumference: tape measure your waist. Men: 40 inches or more indicates obesity or serious health risk. Women: 35 inches or more indicates obesity or serious health risk. Need more: Try skin caliper measures or hydrostatic (underwater) weighing for a more accurate assessment of body fat or body composition.



Thrift shop a popular place on post

BY AMANDA BAILLIE
SCOUT STAFF

To walk into Fort Huachuca's Thrift Shop is to walk into a veritable Aladdin's cave.

The dreary exterior of the World War II building belies what lies beyond its doors.

It may be a sizeable 11,000 square feet, but the shop is packed to the rafters with the unwanted items of the local military community.

The shop may be unwanted by some, maybe, but desirable to many others, with thousands of goods flying out the doors every week.

Last year the Thrift Shop made a record \$353,000 and already looks set to beat that figure in 2005.

Heading the entire operation is manager Lois Shuttleworth, who believes an eventual annual income of \$500,000 is not inconceivable.

"In the last two months alone we have sold more than 10,000 items," she said. "We get around 1,000 items brought in every Tuesday and Thursday and we sell about the same amount."

The Thrift Shop moved to its current location next to the Main Gate in 1978, after previously occupying a couple of rooms on the fort.

Since then it has contin-

ued to grow, making money not only for the people who sell their goods, but for the local community as well.

"We are a non-profit organization and any money we make goes straight back into the local community," explained Shuttleworth, who has worked in Thrift Shops since 1962 and arrived at Fort Huachuca in 1979. "Last year we were able to give away \$31,000 in scholarships. Half of the profits go to the scholarships and half to non-profit organisations which can apply for funds."

Sellers receive 75 percent of the amount their items go for, although many choose not to make any money at all.

Uniforms are donated to young trainee soldiers in San Diego and other items are given away to charities like Forgach House in Sierra Vista, a hostel for victims of domestic violence.

Shuttleworth has a team of eight employees and around 50 faithful volunteers, many of whom have been there for more than 20 years, who help to sift through the mountain of items, which range from clothes and jewelry to furniture and electrical goods.

It is not unusual for antique items to find their way into the shop and it has even been known for people to

virtually come to blows over a desirable piece of furniture.

"Just a couple of days ago we had two women fight over a very nice chest of drawers," said Shuttleworth. "We've also had people who have been coming here since the 70s. And as soon as the doors open they are straight in buying things. In fact, most of what comes in is sold on the first day."

The 67-year-old believes the location of the Thrift Shop is one of the reasons it is so popular.

"You have to have a military connection to sell items, but anyone can come in and buy," said Shuttleworth.

*' —————
We are a non-profit organization and any money we make goes straight back to the local community.*

Lois Shuttleworth

"We started advertising and that brought in a lot of people from Mexico. We also get people who regularly travel down from Tucson."

Truda Fail has been volunteering at the Thrift Shop since 1976, following stints at

other shops on military installations as far flung as France.

The 73-year-old says there are many reasons why she continues to volunteer.

"I enjoy it immensely," she said. "The people are friendly and we are providing a service for the community. I've made a lot of friends and I will volunteer for as long as I can."

The Thrift Shop is open on Tuesdays and Thursdays from 9:30 a.m. to 3 p.m. for shopping and until 1:30 p.m. for consignments. It is also open on the first Saturday of each month from 9:30 a.m. to 1:30 p.m. for shopping and until 1 p.m. for consignments.



Courtesy photo

The thrift store on post has many items and is open on Tuesdays and Thursdays.

Adult tennis lessons

Parks and Leisure Services in Sierra Vista will be offering adult tennis lessons in four one-hour classes starting at 9 a.m. and 4 p.m. Saturdays, beginning Saturday. Four lessons cost \$45 per person. Class size is limited to the first eight to sign up. Registration is ongoing at Oscar Yrun Community Center, Ethel Berger Center and the Cove. For more information, call 458-7922.

Youth tennis lessons

Parks and Leisure Services in Sierra Vista will be offering after school tennis lessons beginning Monday. Beginner lessons will be from 3:30 to 4:30 p.m. and intermediate lessons will be from 4:30 to 5:30 p.m., Mondays and Wednesdays. Lessons run four consecutive weeks for youth, 6-17. Registration is \$50 per student and class sizes are limited to eight. Register at Oscar Yrun Community Center, Ethel Berger Center and the Cove. For more information, call 458-7922.

Adult flag football league

Parks and Leisure Services in Sierra Vista will be offering a Four-On-The-Fly Adult Flag Football League starting Nov. 10th. Teams will consist of eight players per roster and participants must be 16 or older. League registration is \$200 per team, running through Monday. Registration will be taken at the Oscar Yrun Community Center, Ethel Berger Center and the Cove. For more information, call 458-7922.

NASCAR at commissary

Look for the Tide racing car from 10 a.m. to 5 p.m. Tuesday and Wednesday at the commissary parking lot. Drawings will be held every hour giving away Tide bicycles.

Gem and mineral show

The Huachuca Gem and Mineral Club will be hosting a mineral show 9 a.m. – 6 p.m. Oct. 8 and 9 and 9 a.m. – 4 p.m. Oct. 10 at Cochise College. The show will feature

gemstones, jewelry, beads, mineral displays and a fluorescent mineral room. The show is free and open to the public.

Music, art celebration

The Patagonia Fall Festival: "A Celebration of Music & Art" at 10 a.m. Oct. 9 and 10, in the Town Park. Visitors will enjoy over 140 arts, crafts, entertainment, specialty food, not-for-profit, and living gently booths of exhibitors from around the West.

Musicians from around the region will offer a diverse selection of international as well as local musical genres including Andean, Classical, Jazz, Variety, Bluegrass, Folk, Rock 'n Roll, and Blues. Patagonia Town Park is located on Route 82 between Sonoita and Nogales. Admission and entertainment are free to the public and wheelchair accessible.

For more information contact the Patagonia Visitor Center at (520) 394-0060 or (888) 794-0060 or visit www.patagoniaaz.com.

Sierra Vista Veterans Day parade

Community organizations are invited to march along with veterans during the Veterans' Day Parade, 9 a.m. Nov. 11 to show their support and appreciation.

Parade applications are available at Fort Huachuca Public Affairs Office, Building 21115, Ethel Berger Center, Oscar Yrun Community Center, and Sierra Vista City Hall. Completed applications must be turned in by Nov. 5 to the Fort Huachuca Public Affairs Office or Oscar Yrun Community Center.

The following coordinators can provide specific group information: veteran groups call Leo Pimple at 459-0103, individual veterans not connected with a veteran organization call Bobbie Hansen 803-6846, and community organizations call Lee Elaban at 458-7922. For more information, call Virginia Sciarrino at the Fort Huachuca Public Affairs Office at 533-1285.

Senior women's softball

The Hot Flashes, a senior women's softball team

from Sierra Vista/Bisbee, is recruiting players that are at least 47-years-old. This team travels to women's senior softball tournaments in Arizona and bordering states. For more information, call Cheryl Linendoll, 459-0607.

Trekkers

The Trekkers are an internationally sanctioned non-competitive sports club, sponsoring four weekend walks and eight year round events in Arizona.

The year round events consist of walks at the Coronado National Memorial; Fort Huachuca; Naco, Ariz. to Naco, Sonora, Mexico; historic Bisbee; Tombstone; Benson; and Sedona.

For more information, call Wendy or Dave Breen at 378-1763.

Internet access at Main Post Library

Internet access is now available at the post's main library. Access Army Knowledge Online, use ProQuest and other online library databases along with all other authorized sites. No commercial e-mail is allowed. The library is open 10:30 a.m. - 7:30 p.m. Tuesday through Friday, and 8:30 a.m. - 5:30 p.m. Saturday.

Trailer rentals in Yellowstone

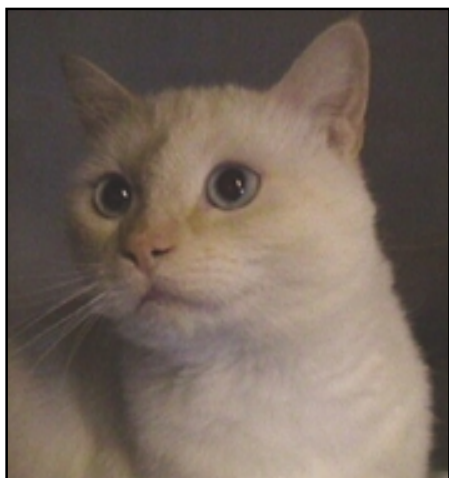
Mountain Home Air Force Base in Idaho has 13 trailers available for rent at Yellowstone National Park for active duty and retired military, Department of Defense civilians and their families. Trailers are available for between \$60-\$70 a night. For more information, call Mark Lothrop, Outdoor Recreation manager at (208) 828-6333.

Library online

The Fort Huachuca main library is now accessible online at <http://mainlibrary.hua.army.mil>. This user-friendly system is also used by other military libraries.

The main library is open 10:30 a.m. – 7:30 p.m. Tuesday through Friday and 8:30 a.m. – 5:30 p.m. on Saturday. For more information, call 533-3041.

Pets Of The Week



Mikey is a white, short haired, itact male cat.



Roxy is a brown and white 23-month-old female pitbull mix.

These animals and more are available for adoption from the Fort Huachuca Veterinary Treatment Facility. For more information, call 533-2767 or visit forhuachucapetfinder.com. In accordance with Army regulation stray animals are kept for three working days to find an owner. After three days, they are either placed up for adoption or humanely euthanized. Strays are available for adoption for 30 days until they are euthanized.

At The Movies

Showing at the Cochise Theater for the next week are:

Today -7 p.m.

The Manchurian Candidate

R

Friday -7 p.m.

Princess Diaries 2

PG

Saturday -7 p.m.

Collateral

R

Sunday -2 p.m.

Yu-Gi-Oh! The Movie

PG

Monday - Wednesday

closed

Reduced prices on Thursday evening and Sunday matinees.

Watch CAC

For the latest news in the Fort Huachuca community as well as all of your military branches worldwide, the Commander's Access Channel (Channel 97). Tune in to our news block hours at four convenient times throughout the day. The Fort Report airs weekdays at 6 a.m., noon, 6 p.m. and 10 p.m. Army NewsWatch follows at 6:05 a.m., 12:05 p.m., 6:05 p.m. and 10:05 p.m. Catch Air Force TV News right after at 7 a.m., 1 p.m., 7 p.m. and 11 p.m. Be sure to top it all off with Navy/Marine Corps News at 7:30 a.m., 1:30 p.m., 7:30 p.m. and 11:30 p.m. As a special bonus, right after each news block you can catch Army HealthWatch.

This week on The Fort Report, we check in with representatives from the Combined Federal Campaign We'll also take a look at military intelligence students training in their field of expertise, and the top news stories affecting your way of life on Fort Huachuca.

If you're interested in posting your message on the Commander's Channel, e-mail your request to channel97@hua.army.mil.

Cross country runners

<u>Name</u>	<u>Time</u>
John Shaffer	26.38
Joshua Patton	26.54
Patrick Ryan	27.35
Angelo Hockaday	27.42
Joseph Marillo	28.23
Jereimiah Duncan	28.29
Richard Thomas Isec	29.06
Ryan Parsons	29.23
Mathew Wells	29.27
Kenny Dennis	29.39
Bethany Vollmer	30.06
Lauren Gurski	31.04
Cliff Martinez	31.18
Doug Brittain	31.27
Philip Sloss	31.41
Kent Wheelock	31.50
Michael Creegan	32.30
Sidney Griffith	32.32
Sierra Symonette	32.37
Bill Hedges	33.18
Meghan Duncan	33.22
Baltazar Osorio	33.41

Youth soccer schedule

Today			
<u>Home</u>	<u>Away</u>	<u>Time</u>	<u>Field</u>
Bulldogs	Blue Lighting	5:15 p.m.	U10 Stone 2
Saturday			
<u>Home</u>	<u>Away</u>	<u>Time</u>	<u>Field</u>
Rockets	Raiders	9 a.m.	U06 Stone 2
Panthers	Mountian Lions	9:30 a.m.	U12 DP2
Bobcats	U8 FHU 4	9:30 a.m.	U08 Stone 2
Trekkers	Dust Devils	9:30 a.m.	U08 Stone 1
Firebirds	Friends	10 a.m.	U06 Stone 2
Golden Explorer	Earthquakes	noon	U06 Stone 2
Raptors	Coyotes	12:30 p.m.	U08 Stone 1
Tuesday			
<u>Home</u>	<u>Away</u>	<u>Time</u>	<u>Field</u>
Inferno	Blue Lighting	5:15 p.m.	U10 Stone 1
Aussies	Bulldogs	5:15 p.m.	U10 Stone 2
Rockets	Slicers	5:15 p.m.	U06 Stone 2
Bobcats	Arsenal	5:15 p.m.	U08 Stone 1
Wednesday			
<u>Home</u>	<u>Away</u>	<u>Time</u>	<u>Field</u>
Meteors	Rattlers	5:15 p.m.	U06 Stone 1
Broncos	Mountian Lions	6:45 p.m.	U12 DP2

Commander's Cup final standings

<u>Unit</u>	<u>Points</u>	<u>Unit</u>	<u>Points</u>
Company B, 305TH	970	USMC/USN	170
MEDDAC	910	Company A, 309TH	152
Company C, 304TH	820	Company A, 40TH Signal	140
USAG	705	HC, 306TH	135
NCO ACADEMY	640	Company B, 86TH Signal	115
JITC	610	314TH Air Force	110
111th MI	535	Company D, 40TH Signal	110
Company D, 309TH	415	HHC, 11TH Signal	100
Company E, 305TH	390	Company C, 86TH Signal	100
Company A, 306TH	367	Company A, 304TH	85
Company C, 305TH	360	HHD 504TH Signal	60
Company A, 305TH	315	269TH Signal	50
ASC/NETCOM	210	Company B, 304TH	45
E Company E, 309TH	185	IEWTD	30
19TH Signal	180	69TH Signal	20

Cross Country results

<u>Unit</u>	<u>Sept. 11</u>	<u>Sept. 25</u>	<u>Total</u>
Company C, 304th	33	22	55
Company C, 305th	48	51	99
NCOA	107	89	196
MEDDAC	124	117	241
JITC	132	146	278

The next cross country meet will be held at 7 a.m. Oct. 16 at the Sportsman's Center

WINGS, from Page 23

tic for pilots.” King estimated that he was among the people who came the farthest to attend the festival, but said many people flew in from Tucson, Phoenix, Douglas and Bisbee.

“I just love this little airport, it’s the best,” King said. “At home, I don’t get to see the mountains and wide open spaces like here.” As a hobby, King noted that flying airplanes can be somewhat

expensive, but that, “you just make adjustments in your life to do it.” “It’s just kind of what I do for fun,” King said. “Some people ride motorcycles and we fly airplanes.”